

What You Can Do To Help

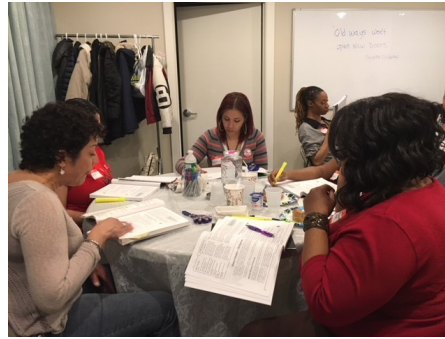
Volunteer: Our *Getting Ahead™* workshop graduates are excited to begin their journey to self-sufficiency; but they can't do it without the help of a mentor and others to support them. Would you be one of those people who helps transform their lives? Call us at 862-257-3817 or email info@renewlifecenternj.org for more information.

Donate: Your generous financial contribution will provide free, life-changing programs that break the cycle of generational poverty and moves families from surviving to thriving.

Contributions by check can be made payable to: RENEW Life Center
PO Box 5525, Paterson, NJ 07510

Or visit our website at:
RenewLifeCenterNJ.org to make an online donation.

All donations to RENEW are tax-deductible, in full or in part, as provided by law.



The *Getting Ahead™* workshop provides women with the key strategies they need to break the cycle of generational poverty and achieve economic stability. Offered as a free 45-hour workshop, it helps individuals build their resources for a more prosperous life for themselves, their families and their community. For example, the *Getting Ahead™* workshop:

- * Involves rigorous work done in a safe learning environment with the support of an experienced facilitator and co-facilitator.
- * Guides students through an assessment of their own basic needs and shows them how to build personal and financial resources as part of their move to self-sufficiency.
- * Provides training in essential life skills, problem solving, and basic financial education.
- * Enables participants to examine the multi-faceted impact of poverty on their own lives as well as their community.

RENEW Life Center

75 Ellison Street
Paterson NJ 07505

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RenewLifecenterNJ.org



RENEW
life center

**Moving Families From
Surviving To Thriving**

RENEW Addresses The Root Causes Of Poverty

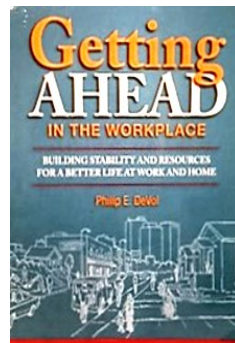
RENEW teaches life strategies and skills to single mothers and families, so that they may break the cycles of generational poverty and build sustainable lives for themselves, their children and their community. The goal is to uplift and equip people from under-resourced communities to become role-models and leaders who take on active roles in reducing and alleviating poverty in future generations.



“RENEW has helped me answer the question I continuously asked myself: why do I build myself up and then crash down? Now I know it was everything from a lack of money management to lack of resources. **RENEW has embedded information that is needed in order to be successful. Knowledge truly is power.**” - Jennifer

Before Getting Ahead™ Families Face:

- ◆ Unemployment
- ◆ Lack of education
- ◆ Unmanageable monthly expenses
- ◆ Dependence on government



After Getting Ahead™

- ◆ 38% of participants got a job or increased their income.
- ◆ 66% continued their education.
- ◆ 52% decreased their monthly expenses.
- ◆ 62% decreased their use of government assistance.



"Since graduating, I have accomplished so much! **One of the things I am proudest of is that after being unemployed for 8 years, I finally have a job I love!** I went from not having any confidence and feeling like my life was out of control to now walking with my head held high." -Kayann

Our Programs & Services

- ◆ Getting Ahead™ Workshop
- ◆ Money & Me: A Financial literacy workshop for low-income adults.
- ◆ Mom as Gatekeeper: Supporting effective co-parenting.
- ◆ Leadership Development
- ◆ ESL Classes
- ◆ Job Coaching